



Navigating Supports in our Community: Digital Health Tools

BCPC Town Hall

February 17, 2022

Objective for today:

**Learn about 4 new ways to navigate supports and resources
in your community**

- 1. Burlington Health Navigator App**
- 2. Burlington Ontario Health Team Website**
- 3. Mental Health & Addictions Virtual Care Library**
- 4. Primary Care System Navigators**



Burlington Health Navigator Program

Looking for healthcare or social services in Burlington?

Help is just a click away!

Get the Burlington Health Navigator App – your one-stop resource for finding:

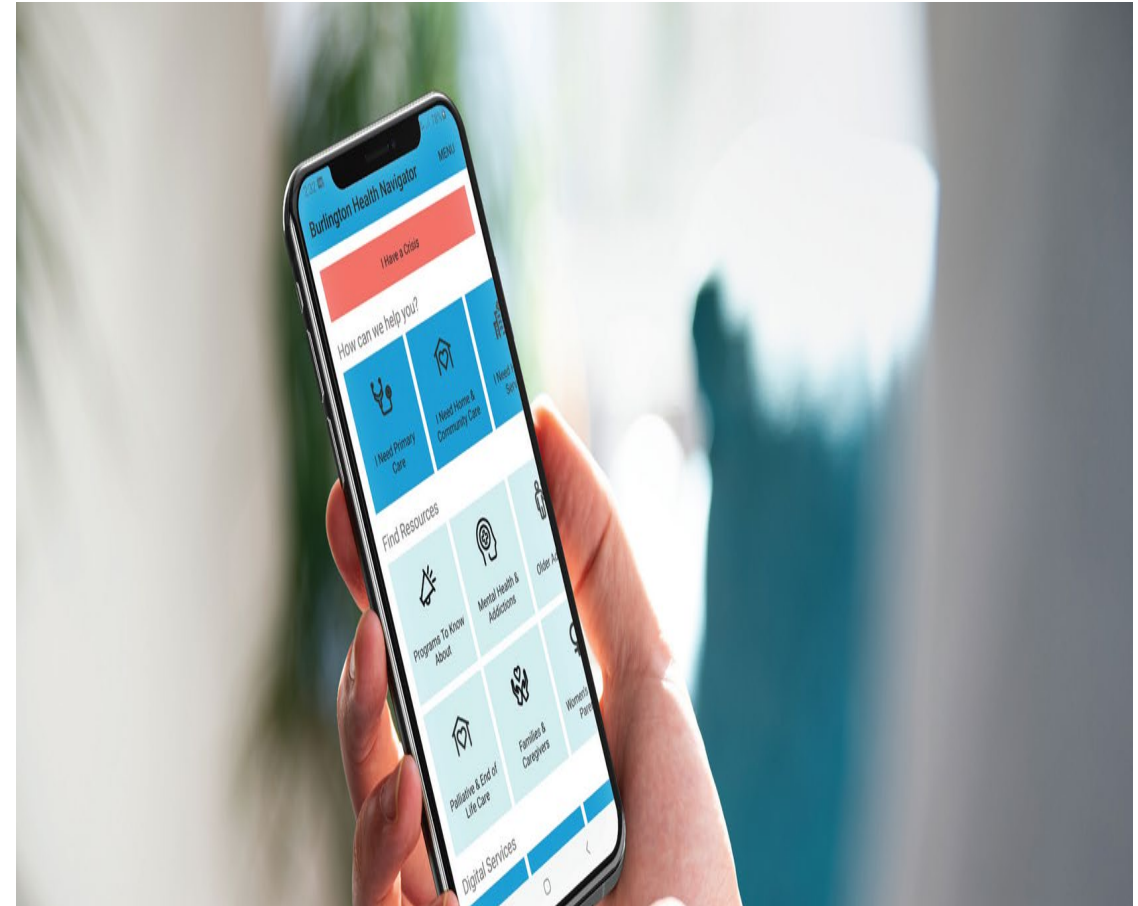
- A family doctor
 - Hospital care
 - Home care
 - Mental health or addiction services
 - Chronic disease support
 - Social connection
 - Palliative care
 - Indigenous and LGBTQ2S+ resources
 - Women's health services
- ...And Much More!



SCAN →



SCAN →



New website! Burlingtonoht.ca



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Q What are you looking for?

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Bring the Navigation Service with you

Download the Burlington Health Navigator App.

[Find Out How](#)



For Physicians Page

← → ↻ burlingtonoht.ca/about-burlington-oht/

About Burlington OHT **Navigate Health Services** **For Physicians** **For Patients & Community** **Get Involved** **Contact Us**

The Burlington Health Team

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- Why get involved with an OHT?
- Burlington Community Physician Council
- Halton - Information For Physicians
- Programs and Referral Forms
- Community Remote Care Management
- Burlington OHT System Navigation
- Community Care Connector
- COVID@Home Referral Form

The Burlington Ontario Health Team is a collaboration of health and social services providers who work together, as one coordinated team, to provide integrated services and support to the residents of Burlington and surrounding communities.

Mental Health & Addictions Virtual Care Library

- ✓ **Low barrier technology loan service** to enable Burlington OHT clients with barriers to access to participate in mental health, addiction, and general wellness virtual care programming
- ✓ **A MHA Virtual Care Catalogue** to make it easier to get started with accessing online educational materials and virtual resources to support an individual's mental health and wellness
- ✓ **A System Navigator** to support people on the program and transitioning from the program to other longer term services
- ✓ **7 days/week Tech Support line** for clients

*You can refer using the [OCEAN Platform](#)
or accessing a referral form on our [website](#)*



The Human Complement - System Navigator for Primary Care

The “Human” System Navigator provides assessment, referrals, and guidance with accessing community health and social care services.

Current program will support individuals of the identified priority populations with more complex needs:

- Older Adults
- Mental Health and Addictions

Our 2 System Navigators speak a total of 4 languages and also have access to translation services

You can refer using the [OCEAN Platform](#) or accessing a referral form on our [website](#)



Don't forget to check out, download and review:

- Newly redesigned Burlington OHT website: <https://www.burlingtonoht.ca>
- Burlington Health Navigator App – to download on your mobile device, visit the [Apple App Store](#) or [Google Play](#); search for Burlington Health Navigator and look for our bold, blue “B” icon

Stay connected through Social Media

Burlington Health Team Updates

You can now find Burlington OHT on three social media channels: Twitter, Facebook and LinkedIn.

Following these channels will help keep you up to date on health system changes, news, and updates within the Burlington health care provider community. Simply click any of the icons below and give a “like” or follow:

