

BCPC Practice Bulletin

March 2023

ARAO and Becoming Gender-Affirming Workshops in Spring 2023

This spring, the BOHT is pleased to bring Intersecting and their expertise to facilitate two free, virtual workshops on Anti-Racism and Anti-Oppression and Becoming Gender-Affirming.

About the Presenter:

Intersecting partners, Pauline Kajiura and Cole Gately, have almost 50 years' combined experience delivering anti-racism- and anti-oppression-related training and education, leading successful organizational change through strategic planning, supporting community-based programs and services, and



working in front-line service settings related to homelessness, gender-based violence, health, postsecondary institutions, community organizations, and municipal and provincial government.

Anti-Racism Anti-Oppression (ARAO) Workshop:

APRIL 5TH & APRIL 12TH, 2023, FROM 1PM-4PM *Please note that this is a 2-day virtual workshop and spots are limited. Please ensure you are able to attend both sessions when registering.

Learning Objectives:

Workshop includes facilitated discussion, case scenarios, videos, small group work, and individual reflection.

- Learn how power and privilege work in health care and other contexts.
- Develop an analysis of social location, privilege, and power.
- Understand how language matters and evolves.
- Apply an anti-racist, intersectional lens.
- Learn how to be an effective ally.
- Develop and demonstrate solidarity by making commitments.

Register

Becoming Gender Affirming Workshop:

MAY 3RD, 2023, FROM 5PM-8PM

Learning Objectives:

Workshop includes facilitated discussion, case scenarios, videos, small group work, and individual reflection.

- Appreciate the difference between sex and gender.
- Confidently and accurately discuss gender.
- Agree that gender diversity exists and is valid.
- Understand the language of trans and non-binary identities.
- Common issues facing Trans and Non-Binary individuals.
- Learn how to be an effective ally.

<u>Register</u>

March 2023

Childhood Vaccination Resources

Vaccines help to protect children and others from serious diseases, hospitalization and severe illness. Unfortunately, some children may have missed, or delayed, the recommended immunizations due to the pandemic, including routine childhood and COVID-19 vaccines.

A <u>collection of resources</u> is available from Ontario Health to help to motivate parents and caregivers to get their child's routine childhood immunizations and COVID-19 vaccines back on track.

Preventative Care and Your Patients: Tools to Improve Cancer Screening in your Practice



On February 23, 2023 and March 2, 2023 the Burlington Ontario Health Team (BOHT), Burlington Community Physician Council (BCPC) offered **two free virtual sessions** to **orient physicians and staff** to the tools available to help identify and manage patients who are eligible for screening.

The COVID-19 pandemic has significantly impacted cancer screening rates in Burlington. In the most recent data provided by Ontario Health,* we have seen a **decline** in the number of **eligible Burlington patients** who are up-to-date with routine screening:

- **Only 48.5%** of eligible Burlington patients are up-to-date with colorectal screening (down **17%** from pre-COVID averages)
- Only 52.4% of eligible Burlington patients are up-to-date with cervical screening (down 12% from pre-COVID averages)
- **Only 48.5%** of eligible Burlington patients are up-to-date with mammograms (down **17%** from pre-COVID averages)

*(Ontario Health Data Release, Oct 2020 – Sept 2021)

The recording from the Preventative Care education sessions and training materials can be found below:

Session One: For all clinics and their staff

Focus: Screening Activity Report (SAR) Overview and Demonstration, Other resources (MainPro+ audit, cancer screening blog, dashboard, etc.)

YouTube Link Presentation Materials

Session Two: for TELUS PS Suites users only

Focus: EMR data standards and Telus PS Prev care tool

<u>YouTube Link</u>

Presentation Materials



March 2023

3 Days in Palliative Care An In-Depth Learning Experience

Health Care Professionals (Physicians, Nurses, Spiritual Care Providers, Social Workers and other disciplines) who:

- Are providing a palliative approach to care within various settings: Primary Care, Long Term Care, Acute Care, Home Care and Hospice.
- We suggest <u>completion or enrolling in the Pallium LEAP</u> (Learning Essential Approaches to Palliative and End-Life-Care) prior to registering for this course.

Download the brochure for complete details including topics, committee, agenda, and more.

Learning Objectives:

- By attending this activity, participants will be able to:
- Manage complex physical, emotional, ethical and social issues, including pediatric to geriatric populations.
- Develop enhanced collaborative practice skills and forge new inter-professional relationships.
- Apply a palliative approach in end-of-life care for cancer and chronic end-stage illnesses, including cardiac, renal, respiratory and neurological conditions.

Registration Fees:

\$500 Early Bird (Before April 30, 2023)**\$575** Regular Rate (After April 30, 2023)*Space is limited**

*All registration fees are subject to HST *HST# 11903 5988 RT0001

Venue: Royal Botanical Gardens 680 Plains Road West, Burlington, Ontario ~Free parking available~

Register Now

Prescribe for Impact Webinar Series

A free, one-hour, interactive, evidence-based, and practical educational webinar for everyone who prescribes, recommends, or discusses medications with patients, and QI team members. Learn practical strategies to promote patient and planetary health by appropriately reducing prescribing with our easy-to-use pathways and tools.

Learn more and Register

