

BCPCLinks

BCPC Practice Bulletin

September 2023

We hope everyone enjoyed the summer and some time away to relax with family or friends.

Fall Influenza and COVID-19 Vaccination Campaign

Please see the information from Dr. Joanna Oda, Associate Medical Officer of Health at Halton Region for important details about this fall's [vaccination campaign](#).

New OBSP eligibility guidelines and Cytology turnaround times

The Ontario Breast Screening Program (OBSP) recently announced changes to eligibility guidelines for the program as well as Cytology turnaround times.

Highlights:

People ages 40 to 49 who are at average risk for breast cancer are encouraged to make a personal decision about breast cancer screening in consultation with their primary care provider. Based on that discussion, those under age 50 can be screened for breast cancer outside the OBSP with a referral from their primary care provider.

Delays in receiving Pap test results in the last 18 months have created frustration for many patients and health care providers. Considerable efforts have addressed these issues so that by the end of the summer, we should see a return to the standard turnaround time of 10-14 days.

See the Hamilton Niagara Haldimand Brant Blog for further details about these changes:

<https://hnhbscreenforlife.ca/information-for-health-care-providers/blog/>

Additional changes to OBSP eligibility are expected in the fall. Information will be shared as details are available.

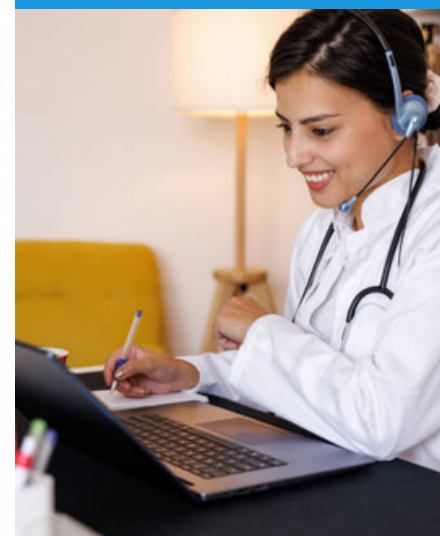


ECHO Fall Programs at UHN are Open for Registration

Interactive online medical education:

- Open to all health care providers
- FREE
- Access to an inter-professional specialist team
- Earn CPD Credits
- Present your patient cases for support from the ECHO community

See the [fall program and register](#) for sessions on liver diseases, concussion, chronic pain & opioids, and rheumatology.



Fitness for Breath Fall Exercise Program

The Fitness for Breath® program provided by the Lung Health Foundation is an at-home exercise program designed for patients with chronic lung disease. It is a 10-week program running every **Tuesday and Thursday from October 17 to December 21 from 1:30 – 2:30 p.m.**

Please encourage your patients living with lung disease to enjoy the benefits of exercise and register soon for the fall classes. The registration link is provided [here](#) so you can easily pass it along.

REMINDER!

Register Now for Free Workshops in October

ARAO and Becoming Gender-Affirming

The BOHT is pleased to facilitate a free, 2-day virtual workshop on AntiRacism and Anti-Oppression and Becoming Gender-Affirming.

About the Presenters:

Intersecting partners, Pauline Kajiura and Cole Gately, have almost 50 years' combined experience delivering anti-racism and anti-oppression-related training and education, leading successful organizational change through strategic planning, supporting community-based programs and services, and working in front-line service settings related to homelessness, gender-based violence, health, postsecondary institutions, community organizations, and municipal and provincial government.

Register NOW for free October Workshops

BECOMING GENDER-AFFIRMING WORKSHOP

WED, OCT 4, 2023, at 1:00-4:00 p.m.

Learning Objectives:

The workshop includes facilitated discussion, case scenarios, videos, small group work, and individual reflection.

Appreciate the difference between sex and gender. Confidently and accurately discuss gender. Agree that gender diversity exists and is valid. Understand the language of trans and non-binary identities. Common issues facing Trans and Non-Binary individuals. Learn how to be an effective ally.



ANTI-RACISM, ANTI-OPPRESSION (ARAO) WORKSHOP:

WED, OCT. 18TH & OCT. 25TH, 2023, at 1:00-4:00 p.m.

****Please note that this is a 2-day virtual workshop and spots are limited. Please ensure you are able to attend both sessions when registering.***

Learning Objectives:

The workshop includes facilitated discussion, case scenarios, videos, small group work, and individual reflection.



- Learn how power and privilege work in health care and other contexts.
- Develop an analysis of social location, privilege, and power.
- Understand how language matters and evolves.
- Apply an anti-racist, intersectional lens.
- Learn how to be an effective ally.
- Develop and demonstrate solidarity by making commitments.

Please email ohsupport@burlingtonoht.ca to register.

You can learn more about the BOHT and physician updates at burlingtonoht.ca.