

# BCPCLinks

## BCPC Practice Bulletin

November 2023

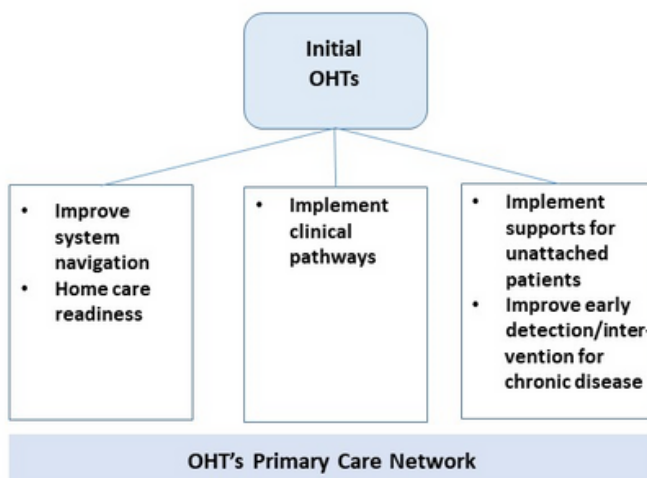
Welcome to new  
Burlington  
physicians:  
Dr. Alyse Krantz,  
Dr. Nnamdi Anagor,  
Dr. Karishma  
Dandona,  
Dr. Gurjot Grewal!

## BOHT Virtual Town Hall Meeting Update

On November 9th, the Burlington OHT hosted a Town Hall meeting for Burlington community physicians. Kathy Peters, Executive Director of the BOHT provided an update on the Minister of Health's recent announcement about the BOHT being selected as one of 12 OHTs in Ontario to be accelerated to designation and the structural and clinical priorities assigned to achieve that status.

### Improving Patient Outcomes through Initial OHTs

Initial OHTs will be asked to advance provincial clinical priorities and demonstrate improvements to patient experience and outcomes.



#### Improved Patient Outcomes:

- Increased early detection of chronic disease
- Improved chronic disease outcomes
- Reduced acute care utilization
- Increased access to primary care services for unattached patients
- Improved system navigation support to find and access care
- Increased access to integrated team-based models of care

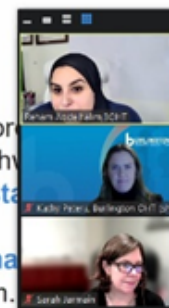
## Why are Integrated Health Pathways Important?

Dr. Reham Abdelhalim, Evaluation Lead with the BOHT gave an introduction to integrated clinical pathways and how they can be used most effectively. We were also pleased to have Dr. Sarah Jarmain, Chief of Staff of St. Joe's Healthcare and Clinical Lead of the Middlesex London Ontario Health Team join us with a presentation about the MLOHT's implementation of a clinical health pathway, lessons learned, and what's needed to make it sustainable from a primary care perspective.

BOHT Town  
Hall presenters  
Dr. Reham  
Abdelhalim,  
Kathy Peters,  
and Dr. Sarah  
Jarmain -  
November 9,  
2023

### What are Integrated Care Pathways?

- A clinical pathway, AKA care pathway, integrated care pathway, coordinated pathways, care maps, anticipated recovery pathways, or critical pathways are the main tools used to manage the quality in healthcare regarding standardization of the of care processes
- Integrated care pathways are **structured multidisciplinary care maps** that outline essential steps in the care of patients with a specific clinical problem. They are management tools based on **evidence-based practice** for a specific group of patients with a predictable clinical course, in which the different tasks (intervention) by the professionals involved in the patient care are defined, optimized and sequenced (prevention, diagnosis and management)
- ICPs have been proposed as a way of encouraging the **translation of national guidelines** into **local protocols** and their **subsequent application to clinical practice**



The discussion provided timely information, the benefits of collaboration, and an engaging Q&A. If you weren't able to attend we hope you'll take a few minutes to review the recording: <https://tinyurl.com/mn3aamxs>

We look forward to keeping you informed as the BOHT continues to move through the acceleration process.

## Flu and COVID Messaging and Resources from Halton Region

[2023-11-15-Increased Influenza and COVID-19 Virus Activity in Halton.pdf](#)

Register and order supplies through the provincial [PPE Supply Portal](#).



## System Navigators Are Here to Support You

It can be difficult for healthcare providers and patients to know all the health and social services that are available in the community. So System Navigators are available to help.

Physicians can refer adults 19 years and older as well as patients requiring mental health and addictions and related supports to qualified System Navigators at the Burlington Family Health Team. They engage to learn the patients' needs, provide education, and assist with referrals and connections to required services. They are a valuable resource available to support local primary care physicians.

Referrals to a System Navigator can be made [here](#).



Maria DiDanieli and Amna Baig, System Navigators

## Fall Education Opportunities

### Centre for Addiction and Mental Health Learning Events:

The relationship between video game micro-transactions, problem gaming and gambling  
Thursday, November 30, 2023 at 12:00–1:00 p.m.

In this webinar, we define video game micro-transactions; examine the relationships between the different types of micro-transactions and problem gambling and gaming, as well as the risk factors associated.

**REGISTER:** <https://kmb.camh.ca/eenet/events/ggtu-webinar-the-relationship-between-video-game-micro-transactions-problem-gaming-and-gambling>

**ECHO Ontario Child and Youth Mental Health** provides a virtual environment for primary care providers to share and discuss best practices. The aim is to empower participants to safely and effectively care for the mental health care needs of youth and children.

Begins January 18, 2024 and includes weekly Zoom sessions on Thursdays at 12:00-1:00 pm for 24 weeks Accredited for up to 24 Mainpro+® credits. Funded by the Ontario Ministry of Health.

**REGISTER:** <https://tinyurl.com/25xsy8zk>



For more  
information  
Scan the QR  
Code!

Please email [ohsupport@burlingtonoht.ca](mailto:ohsupport@burlingtonoht.ca) to receive  
future issues of the BCPC Links newsletter.

You can learn more about the BOHT and physician  
updates at [burlingtonoht.ca](http://burlingtonoht.ca).