



BURLINGTON

PRIMARY CARE LINKS



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In this edition of the Burlington Primary Care Links we highlight key Primary Care Network priorities that inform primary care work. We also feature new clinical programs, such as the recently launched MINT memory clinic at the Burlington Family Health Team, a new free foot care service in Burlington, and the Mobile Community Health Centre by Support House. Additionally, we spotlight gender-affirming care resources, including Milton's GAC clinic open to all patients, as well as learning opportunities for clinicians. Updates are also provided on efforts to assist unattached patients with positive FIT results. We also focus on physician wellness and OMA's Physician Health Program. Lastly, join us for a physician town hall where we'll discuss a proposed Integrated Health Services Centre (IHSC) and exploratory discussion around SCOPE Hub.



Primary Care Network

We recognize how important it is to have the right supports in place to make practice smoother and more rewarding. That’s why our Primary Care Network’s priorities are designed to enhance physician experience and improve patient care and outcomes.

Key PCN Priorities

Administrative Burden and System Navigation

We are committed to supporting the implementation of services and digital tools that simplify workflows and reduce administrative load. By facilitating access to services and digital tools, we aim to foster improved physician experience and practice environments.

Access and Attachment to Primary Care

We are focused on connecting patients with primary care physicians and team-based care services to ensure comprehensive, continuous care. Our investments in this priority strengthen access to services, bridging gaps in patient attachment and enhancing community health.

Physician and Provider Engagement

Strengthening communication and collaboration among providers is at the heart of this priority. We are developing initiatives that facilitate connection and information sharing while fostering a cohesive, responsive network that supports providers and care delivery.

PCN FAQ

What is a Primary Care Network?

A collaboration between community physicians and providers, coming together in a connected and coordinated way.

Why Connected?

Together we strengthen the voice of primary care, ensuring that those who know the system best can lead meaningful changes and inform investments that shape how primary care is delivered.

Who Can Join?

We welcome all providers contributing to our primary care community. We value the diversity of clinical perspectives, whether you are a family physician practicing in a Family Health Organization (FHO) model, prefer a Family Health Group (FHG) model, are a nurse practitioner, a specialist, or a hospitalist. Our network’s strength lies in the diversity that reflects the nuances of family practice and the impact these have on patients' journeys through our health system.

What’s the Benefit?

Our goal is to ensure PCN members have access to the right tools and supports. This might include accredited education that helps connect providers, engagement opportunities, digital tools and services that ease administrative burden, and programs that address gaps in care in Burlington.



Help Us Shape Primary Care Education



Join Burlington’s Primary Care Network



Help Us Keep a Pulse on Primary Care



Featured Clinical Programs

Burlington's Primary Care Network and partners are working together to offer Burlington physicians access to team-based care to help you and your patients no matter your practice type and at no cost to your patients



Memory Clinic - Starting Nov 4th



The Burlington Family Health Team (BFHT) has launched its Memory Clinic using the MINT (Multispecialty Interprofessional Team) model. Their team, including Nurse Practitioners, Nurses, Occupational Therapists, a Pharmacist, System Navigator, Dr. Jocelyn Anderson (elder care specialist), Dr. Junghyun Sarah Park (Geriatrician), and the Alzheimer's Society, will work with family doctors to assess, diagnose, and treat those with mild to moderate cognitive impairment.

Referral forms available on BFHT website and OceanMD

Physician Referral Form



Foot Care Clinic - Now Available



The Burlington Family Health Team is offering **free foot care** services to eligible patients who need foot care and have one or more of the following:

- Diabetes with diabetic neuropathy, peripheral artery disease, chronic kidney disease, or past foot ulcer
- Use blood thinners
- A foot condition impacting walking ability

Services are available through:

- Acclaim Health Nursing Care Centre - 4155 Fairview Street, Burlington
- Monday to Friday • 9:00am-5:00pm (Evenings available upon request)
- Patients can book or check eligibility by filling out the Acclaim online request form or call **905-827-8800 / 1-800-387-7127**.

Patient Online Self-Referral Form



Mobile Community Health Centre



The Mobile Community Health Centre (MCHC) Team works alongside people who are 16+ and not connected to a Family Doctor or a Nurse Practitioner. They provide community-based primary and social care across the Halton region to those who are unhoused/unsheltered and experience complex health care concerns. The MCHC team will meet clients in the community or at one of our several walk-in clinic locations across Halton Region. The team consists of a physician, a peer, nurses and a social worker.

Referrals emphasize a “no-wrong-door” approach and are accepted by community partners, primary care providers, specialists, ERs, and other acute care services.

Referral Form

Burlington Primary Care Links



Do you know of a program that should be highlighted in our newsletter for primary care?
Contact Majja McKibbin, primary care manager, at mmckibbin@burlingtonoht.ca



The Burlington OHT is supported by funding from the Government of Ontario. © Burlington Ontario Health Team 2024



Gender Affirming Care

The lasting relationship that primary care physicians have with their patients is vital in the context of providing gender affirming care. These enduring connections foster trust and open communication, allowing physicians to understand the evolving needs of gender-diverse individuals on their health journeys.

Gender Affirming Care Clinic

PRIME+CARE
FAMILY HEALTH TEAM

PrimeCare FHT is here to support your patients who are seeking support through their gender journey. Patients can self-refer, or physicians can refer without negation and no matter a patient's geography!

OUR SERVICES

- Education on gender identity and healthcare options
- Support for social, medical, and legal transition processes
- Surgical assessments, referrals, and support
- Sexual health education and screening
- Individualized support for hormone therapy and monitoring
- Psychosocial support throughout the transition process
- Group therapy sessions and workshops

[LEARN MORE](#)

[REFERRAL FORM](#)

REFERRAL PROCESS

Individuals can self-refer or providers can refer to PCFHT Gender-affirming care services.

SAVE THE DATE
An Evening of
Learning & Connection
Thursday Nov 28th
5:30PM - 7:30PM
Location TBD

PRIME+CARE
FAMILY HEALTH TEAM

This event is reserved for physicians and primary care providers looking to connect on issues related to providing gender affirming care to their patients.

Stop by and discuss the essentials of providing gender affirming care at our after-work event. Network with fellow physicians, share insights, and enhance your understanding of best practices in supporting our transgender and non-binary patients. Spaces are limited!

RSVP HERE



Education

Whether you like to learn in a group or learn on your own time, Burlington Primary Care Network and partners are here to help you grow!

Gender Affirming Care Community of Practice

The Gender Affirming Care Community of Practice (CoP), led by Prime Care Family Health Team, **connects primary care providers, specialists, and other health professionals across Ontario to advance gender-affirming care.** Members gain access to valuable resources, peer support, champions, and evidence-based guidelines, enriching both gender-affirming and general primary care for transgender patients. Through shared resources, challenges, and strategies, the CoP fosters collaborative problem-solving and empowers members to inspire colleagues to expand access to this essential care.

 [JOIN NOW](#)



2SLGBTQ Foundations Course

Self-directed seven module course developed by Sherborne Health on 2SLGBTQ health for healthcare providers

REGISTER FOR FREE

[Register Here](#)

OR

Email Maija McKibbon, Primary Care Manager, at mmckibbon@burlingtonoht.ca



rainbow health ontario

SHERBOURNE HEALTH

3.5 Mainpro-M1 credits

RHO GUIDELINES

For Gender-Affirming Primary Care with Trans and Non-Binary Patients



Cancer Screening Update

Unattached Patients with Abnormal Fecal Immunochemical Test (FIT)

Access to FIT for Unattached Patients

Did you know patients without a family doctor can access a FIT by calling Health811 at 811 (TTY: 1.866.797.0007) or going to a mobile screening coach (closest in Hamilton)?

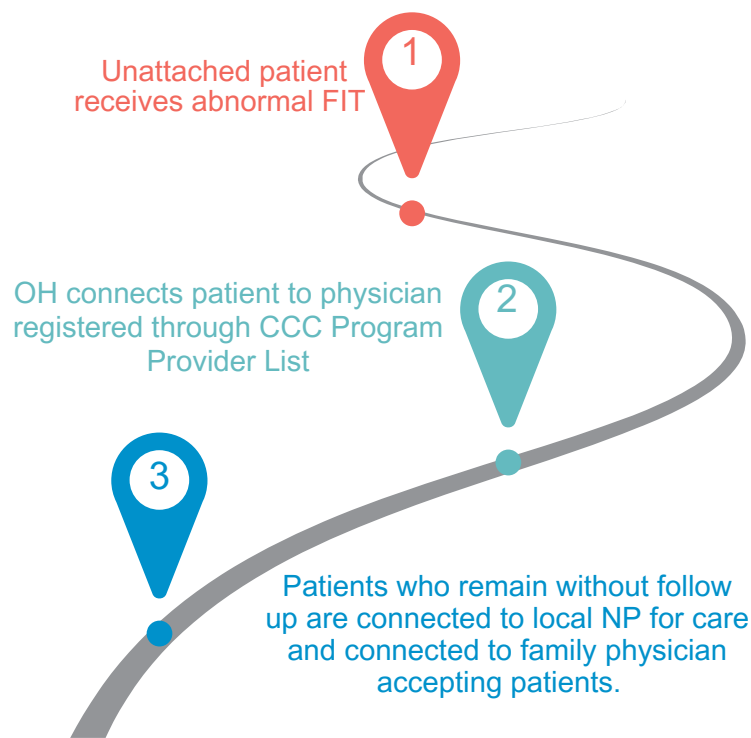
Connecting Unattached FIT Patients to Burlington Primary Care

In Burlington, we are working with the Ontario Health Team (OHT) and our primary care partners to support patients without a family doctor who receive positive Fecal Immunochemical Test (FIT) results. As you know, these patients require follow-up care that can only be facilitated by physicians or nurse practitioners.

Currently, physicians who facilitate follow up care and/or accept patients in their region with a positive FIT are part of Ontario Health's ColonCancerCheck Program Provider List (below). For those patients who remain without follow up care, additional support with FIT navigation is in the process of being developed in collaboration with OHT partners to ensure these patients are seen efficiently.

Family physicians interested in supporting unattached patients in Burlington with abnormal FIT results are invited to complete the Ontario Health's ColonCancerCheck Program Provider List. This list is privately used by Ontario Health and used solely for referring unattached positive FIT patients to family physicians and/or nurse practitioners for follow up care.

OHIP Billing: New Patient Fee Abnormal/Increased Risk CRC: Q043A. A physician may submit both a New Patient Fee Abnormal/Increased Risk CRC (Q043A) and a Per Patient Rostering Fee (Q200A) for the same patient. There is no annual limit on the number of services (Q043A) a physician is eligible to claim. See OHIP schedule of benefits for more details.



If you are a family physician in Burlington interested in being part of Step 2 or Step 3:

Step 2: Complete **Registration Form** for the ColonCancerCheck (CCC) Program Provider List

Cancer Care Ontario Form

OR

Step 3: Connect with Burlington OHT primary care at mmckibbon@burlingtonoht.ca to learn more

Physician Wellness

Administrative Burden and Burnout with Dr. Nadia Alam and Sarah Wilkinson

A Longwoods Leadership Discussion Sept 13, 2023

While not all technology speaks to us all equally, this interview delves into practical strategies, highlighting how billing technology can simplify administrative tasks and give physicians time back for patient care. Learn how one physician successfully leveraged a digital program to manage her workload and burnout.



Listen to Dr. Jon Novick, OMA, speak about the Physician Health Program



**Caring for Our
Caregiver**

Dr. Jon Novick, a Medical Director with OMA's Physician Health Program, and Dr. Judy Suke, a family physician specializing in medical psychotherapy, explore the effects of physician burnout and examine avenues the healthcare system contributes to supporting mental well-being within the medical community.

PEERS FOR JOY IN WORK



Family & Community Medicine
UNIVERSITY OF TORONTO

DFCM is excited to offer the Peers for Joy in Work (PJW) Program! This PJW Program is open to **all family physicians in Ontario**. The aim of the program is to help reclaim what you love about family medicine. There are meaningful and evidence-based methods that can foster joy in work – feeling safe, engaged, and having some choice and control over your time to focus on those activities that you know add value to your patients.

This program involves 1:1 support with a family physician that has been trained as a Peer Guide for Joy in Work. This training enables Guides to be a source of support for their peers during the formal program and beyond. We expect this program to result in mutual increased joy in work for both Peer Learners and the Peer Guides.

[Read More About Peers For Joy Here](#)

[Become a Future Peer Learner](#)

Burlington Primary Care Links



Have a question or something to add to the newsletter?

Contact Maija McKibbin, primary care manager, at mmckibbin@burlingtonoht.ca

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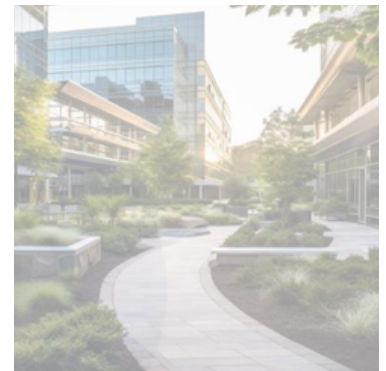
Community Update

BOHT Town Hall for Physicians Join Us Tuesday Nov 5

The Burlington Ontario Health Team is inviting physicians to a virtual Town Hall event, which will cover two exciting projects:

Burlington's Integrated Health Services Centre (IHSC):

The IHSC is an innovative, first-of-its-kind proposal for a new healthcare campus here in Burlington. We are excited for the opportunity to update physicians on advancement in this work, as well as solicit input on the planning process.



An Exploratory Discussion: Bringing SCOPE to Burlington:

The Burlington Ontario Health Team is exploring SCOPE as a possible support for primary care in Burlington. Through this discussion we are looking to understand interest and service pathways that would best support our physicians. Join us for an informative session where we'll discuss how SCOPE can enhance practice. Following the presentation, we'll open the floor for your feedback. **Help inform our next steps by completing a 1-minute anonymous survey on SCOPE:**



**Read the Latest
Dialogue**

Help Inform BOHT SCOPE Discussions - 1 MIN SURVEY

All physicians are welcome to attend the event, so please feel free to circulate the invitation widely.

For more information, or if you have not yet received an invitation to the event please kindly contact
Laura Broadley at lbroadley@burlingtonoht.ca.

**Tuesday Nov 5, 2024
6:00PM to 7:30PM**

Town Hall via Microsoft Teams

Join the meeting here

Meeting ID: 268 937 876 636

Passcode: SumSx5

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