

# System Navigation



**Eligibility:** 18 years of age or older

**Cost:** There is no cost to patients.

System Navigation can help connect individuals with:

- **finding a family doctor**
- financial or legal supports
- housing supports
- community health supports

**HOW TO ACCESS:** Self-referral by calling **289-861-5611** or Physician Referral Form ([www.burlingtonfht.com](http://www.burlingtonfht.com))